



# Wednesday MSHS Group

## 7<sup>th</sup> – 10<sup>th</sup> Grade

Group will meet

**WEDNESDAYS**

**6:00PM-7:30PM**

on the following dates:

**January 12, 19, 26**

**February | 2, 9, 16, 23**

**March | 2, 9, 23, 30**

**April | 6, 13, 20, 27**

**May | 4, 11, 18**

*(Spring break March 16<sup>th</sup>)*

*Final family conference via Zoom –  
May 11th*

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### What They Learn

Participants learn and practice the pro-social skills needed for success in middle school and high school. Skills are taught directly practiced through role play, games, cooperative and competitive activities.

Social Bridges middle school and high school curriculum focuses on the following core skills: self-esteem, growth-mindset, making and keeping friends, stress management, flexibility, communication skills, self-advocacy, social filter and social prediction.

The group will meet monthly in a community setting to help generalize skills.

Parents receive weekly written communication on their teen's individual social goals and suggestions for practicing, reinforcing and coaching skills at home.

### Family Empowerment Scholarship (Formerly Gardiner)

Social Bridges will file. Parents, please check for emails from Step-Up to approve payment for services.

### Tuition Rates & Financial Information

**New Families – \$1,540**

**Continuing Families- \$1,440**

\$240.00 non-refundable deposit to ensure placement in the group is due at registration. This deposit will be credited towards the overall tuition.

Monthly payments are based on sessions held each month. Payment needs to be paid either in full at the beginning of the semester or paid monthly.

**Insurance receipts** will be provided monthly to those with current accounts through Simple Practice. Superbills are automatically generated the first week of each month and show all required information for reimbursements

**Please note:**

***There are no refunds due to the absence or withdrawal from groups.***