



SPRING 2021 SKILL BUILDING GROUPS

K-1st Grade Skills

Group Facilitators:

Emily Foote LCSW, Rachel Otero, BA
& Radiyah Sobhan, UCF Intern

Parent Liaison: Emily Foote, LCSW

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cell: 407-953-7230

Group will meet

WEDNESDAYS

4:15-5:15 PM (EST)

Via Zoom

on the following dates:

January | 13, 20, 27

February | 3, 10, 17, 24

March | 3, 10, 17, 31

April | 7, 14, 21, 28

May | 5, 12

No Group March 24 – Spring Break

**Checkpoint Conference
For New families via Zoom**

**Final Family Conference Via
Zoom - May 19**

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What They Learn

Group members learn and practice the pro-social skills needed to be a helpful classmate, friend, and family member. Skills are taught directly and reinforced through stories, games, and cooperative and competitive activities.

Social Bridges K-1st grade curriculum focuses on the following core skills: learning and following social expectations, emotional regulation, turn-taking, joining in play, and conversation skills. Social coaching is provided by facilitators to help the children to use their social skills in the moment.

Parents receive weekly written communication on their child's individual social goals and suggestions for practicing, reinforcing, and coaching skills at home.

Gardiner Scholarship

Social Bridges will file. Parents, please check for emails from Step-Up to approve payment for services.

Tuition Rates & Financial Information

New Families – \$1,072

Continuing Families – \$972

\$240.00 non-refundable deposit to ensure placement in the group is due two weeks prior to start of group sessions. This deposit will be credited towards the overall tuition.

Monthly payments are based on sessions held each month. Payment needs to be paid either in full at the beginning of the semester or paid monthly.

Insurance receipts will be provided monthly to those with current accounts through Simple Practice. Superbills are automatically generated the first week of each month and show all required information for reimbursements

Please note:

There are no refunds due to the absence or withdrawal from groups.